

# CENTRE RULES

## General Rules

- 1. All members use the Centre at their own risk. Caterham School cannot accept liability for any accident that may occur on the premises or within the grounds of the Centre.*
- 2. Members must not use the facilities whilst under the influence of alcohol or drugs.*
- 3. Please note that smoking or vaping is not permitted in any part of the Centre.*
- 4. Lockers are provided only for the duration of your visit and items left overnight will be removed on the following day and will be held at reception for no longer than 1 week.*
- 5. Any lost property found will be available for collection at the facility. After one week items will be given to the School's lost property department.*
- 6. Members who wilfully or negligently cause damage to the Centre facilities or equipment will be liable for the cost of repair.*
- 7. Disorderly, threatening, or offensive behaviour towards staff, members or visitors will not be tolerated and will result in exclusion from the Centre or termination of membership. Any dispute will be taken up with the Centre management whose decision will be final.*
- 8. We reserve the right to refuse admission to a member who is medically unfit. All members are required to inform the Centre of any changes in health status.*
- 9. If parking is available at the Centre, you must park in marked parking bays at the Sports Centre only. You must not park in surrounding residential roads or block service roads required for school vehicles. We cannot guarantee parking will be available at the Centre.*
- 10. No pets other than guide dogs are permitted in the Centre.*
- 11. You must dress appropriately when using all facilities. There will be occasions where Caterham School pupils will be using the facilities alongside members so appropriate swimming costumes and gym attire must be worn at all times.*
- 12. Taking photos or videos is strictly prohibited unless written permission has been granted by a member the Centre management team.*
- 13. Your membership card must be produced on arrival and kept with you at all times during your visit.*
- 14. Areas of the Centre are covered by CCTV. The information obtained through CCTV surveillance will be used exclusively for security and safety purposes.*

# CENTRE RULES

## Swimming Pool

- 1. For reasons of hygiene and maintaining good pool water quality, it is necessary for all members to shower before entering the pool.*
- 2. Children under 2 must wear waterproof nappies in the pool.*
- 3. Food and drink are not permitted on poolside.*
- 4. Photography or videoing is strictly prohibited unless written permission is granted by a member of the Centre management team.*
- 5. The following Pool supervision ratios must be always adhered to:*
  - Each child aged 4 years and under must be supervised by an adult on a 1:1 basis.*
  - Children aged 5-7 years - 1 adult to 3 children.*
  - Children aged 8 years and above can swim under the supervision of a lifeguard and do not require an adult in the pool with them.*
  - Please note that when swimming with children of supervision age, the adult MUST be in the water. Supervision from the side of the pool is not acceptable practice. The supervising adult must be aged 16 years or above.*
- 6. Children aged 8+ must change in the appropriate changing room for their gender. If an alternative changing facility is required, please speak to the manager on duty.*
- 7. The use of snorkels, masks, fins or flippers in the swimming pool are not permitted except during coached sessions. If any of these items are required due for medical reasons, proof will need to be submitted.*
- 8. There will be times when the swimming pool is reserved for adults only sessions, swimming lessons, Aqua classes, children's parties or club lettings meaning a reduction in usage for member swimming. These times will be clearly advertised on our pool timetable which can be found on our website.*

## Gym & Group Exercise

- 1. All gym users must have completed a Pre-Exercise Questionnaire before using the gym.*
- 2. Children under 16 years are not permitted to use the gym at any time or attend group exercise classes. Caterham School pupils will have structured sessions as part of their timetabled school day.*
- 3. In line with our safeguarding policy, Personal trainers other than those appointed by the Centre are prohibited from delivering sessions to members.*
- 4. We strongly advise that all members complete a full induction prior to using the gym. These are free of charge and cover instructions on how to use the kit safely and effectively. If you do not wish to have an induction, this must be clearly stated by way of a signed waiver.*

## CENTRE RULES

5. *There will be occasions where the gym is used by Caterham School pupils for supervised sessions as part of the school day. During these sessions certain areas of the gym will not be accessible to members. For example, between the hours of 7.30-8.30am during term time Monday to Friday the mezzanine floor will only be available for members use. We will do our best to advertise these on our website and in the Centre with sufficient notice.*

### **Guests**

1. *Caterham School Sports Centre is primarily a member only facility, however, we do allow guest visits during term time if accompanied by an active Sports Centre member. These visits are charged at the rates shown below:*

*Gym - £20.00 per visit - Ages 16+ only*

*Pool - £5.00 per visit for ages 16+*

*Pool - £3.00 per visit for ages 6-16 years*

2. *We allow community use of the swimming pool only during the school holidays on a pay as you swim basis. Sports Centre members are not required to accompany pool guests during the holidays.*

3. *Our Group Exercise classes are open to non-members at a cost of £9.00 per class.*

**September 2024**